

## Rebuilding the Self Towards Truth

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To live implies many things, talked about over and over, about overarching subjects or by looking for more specific questions; and not answers. Philosophy does have a tendency to ask questions rather than answering them. Rather, philosophers tend to do as such, yet the point of philosophy seem, to me, to answer questions. If a philosopher can answer them, and some certainly do have this desire, it is seldom done so. And although asking questions requires more questions, the end point must be reached eventually, lest one decides to carry out a failed act of creation.

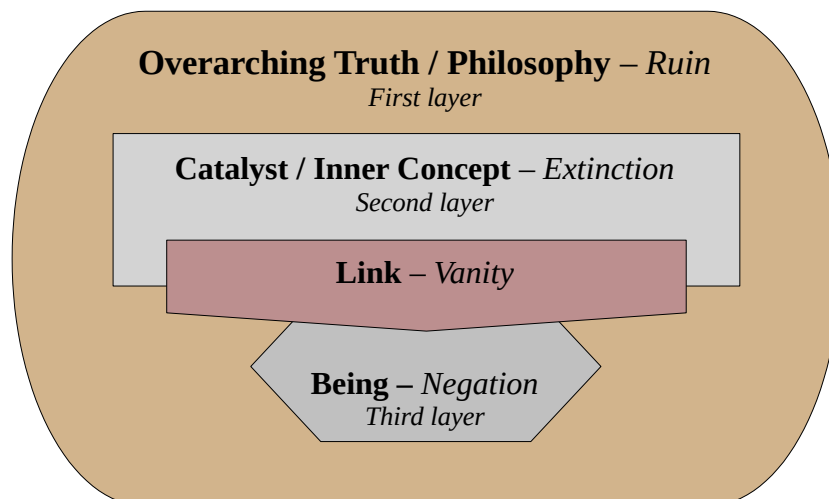
On here, there will be no attempt from me (*who has not studied philosophy in an academic setting, or even much at all besides the occasional book, hearing, or writing*) to go and attempt to answer questions with a thousand different questions inside, waiting to be asked with no answer.

Because to live with an understanding and to be content, is to understand our own ways of life first and foremost. That is why the fundamentals are laid bare, exposed, burned and built up again with varying materials, depending on the individual willing to go through such things. Obviously, any who wants to live with said understanding and to be content should first wish to be as such.

And so, my case is one like this. In the past, I wanted to improve my own self for my sake and that of others, to pursue divinity in the image of a virtuous biblical God, to be a great individual in his own right, based on the virtues taught by ancient civilizations that still echoes throughout this era.

However, as time passed, as I experienced and questioned myself, I found that this is not ideal. Instead, there seem to be greater incentive in actual Truth, rather than corrupted perception that fits the life of a man living in whatever time. That this “greatness” being looked for, is to be a side effect of the whole. As if one would pursue divinity itself, then eventually he would reach a point where his vision will be obscured or torn by illusions and a false vision of the world. A true world for him, but the tower that pierces this inner sanctum is bound to set everything ablaze. And when Truth is revealed across the individual truth, everything is to be thought about again. The undetermined amount of time spent chasing a path set by cursed dogs, chosen by a cursing mutt, will inevitably come back and strangle the one who, for all intents and purposes, “wasted” his time for so long, attempting to reach what does not exist within the material, nor the abstract.

That is why it is so important, in my eyes, to build one’s own framework of thought. One’s own philosophy, based off of primarily our own experiences as individuals, and thoughts, and secondly based off of other individual’s wisdom. What is to be taken is up to the holder’s will, however I want to point out that *my* framework is composed of different layers, such as it is:



I have talked a few times about Ruin and Extinction, although Vanity and Negation have had only a few words dedicated to them.

Everything is in relation to one another, but a bottom layer can only be directly interacted with by its upper layer. A Link can also exist between layers to correlate the two in a more logical manner rather than through abstraction. Although explanations have to be given, once again, for both Vanity and Negation, the groundwork is already laid bare as of some time ago.

Such as Truth is, there is no need for extravagant concepts tied to Humanity itself, such as Aesthetics, Ethics, or Politics. These can however come under the umbrella of Being, but in the case of Negation, they are cancelled out completely. There is no talk needed, as all is already taken into account merely by the logical conclusion that stems from its Catalyst. Hence, any pursuit of the divine is also cancelled out.

I have talked in the past about the disregard of one's own humanity through the acceptance of Ruin. All of this is to show a logical path that enables such a thing to occur. To attain complete Negation of the Being (*because ultimately, it is what this third layer implies: its own cancellation*), one could be labelled as a misanthrope. That is the easiest and clearest way.

The issue with this whole framework is that it can only be imposed onto an individual with no pre-conceived philosophical notion that promotes any humanist ideas. Metaphysics and Physics are the primary topics of Ruin, and the human is naturally inclined to be alive, and to live within the material world that surrounds him.

Case in point, my own self at the moment types away while smoking and listening to holy chants and compositions. While I am not part of any religion or sect, I have given meaning to ideas that require to NOT have any meaning attributed to them. That in itself is hypocritical, but also is what enables my own self to keep on living. As I am unwilling to completely disregard the small joys of life that can occur simply by being in tune with Nature and the Human, I can only function partially within the realm of my own philosophy and beliefs.

So, on a personal point, I exist here as a spectator through time for Time to pass and Extinction to occur. But what Negation and Vanity allow is the complete disregard for superfluous wastes of however much time is left within this life of mine. Indeed, Truth does not require a complete understanding of what it means to exist, or what it means to be with others. It obligatorily tilts the pursuer of Truth towards an attitude of sustainable contentment throughout life. To do things that enable good around the self, so that good can in return be given to the self; all the while experiencing personal good through the satisfaction of useless or biological desires and needs. While Epicurean and maybe Stoic in its function, it is merely a shade of what these two philosophies entail, and ultimately, make way with metaphysical concepts contained there, and are replaced with a certain belief in an Existentialist branch. However I cannot say that labelling my framework in existing one would be wise, as it would inevitably lead to pre-conceived notions from any who may hear my words, and even to myself towards this project.

There is something, for any belief that may be held, any framework in the works that is needed: For the individual who holds them to be in a good physical and mental condition. If one cannot experience or carry out his radiance, however dim or bright, within his material surroundings, then it will be impossible to completely understand creation in its intricacies. Which, if creation cannot be understood wholly by its own creator, then something will be inevitably amiss, and the creation itself will only be unachieved potential. If the system does not close its openings, or solve its unending loops, then it cannot be carried out in the world as it was intended.

To counteract such a possibility, any belief is to be run through all possibilities as they are thought of, and to plug or open leakage for the sake of finalization of a branch, or its growth. However, what this means is that many questions will have to be asked, which can grow into more questions, until they are answered, one by one. But sometimes an overarching question can be

found floating around, and if it is answered, then many other questions fall silent, as there is no need to answer them, unless one is interested in pushing useless apogees that ultimately only confirm its own overarching question.

How does one builds his truth, towards Truth if possible (*as I would advocate for, given the individual is strong enough to sustain the reality invoked by Time*), is then dependent on his overall condition as a human being. To be physically fit is to also be, mostly, mentally fit. It is a sort of a prayer towards Nature, to exert oneself so that the physical can grow, and then is to be rewarded inside as well. Eventually a balance must be held once one knows where he stands as a material entity, but bi-daily exercises with enough rest in-between are, I found, more than enough that fulfil this balance, as long as one does not overindulge in acts that would break such a balance. Once that is understood and put into action constantly, then the road is paved towards understanding of all.

There is something that can be seen clearly, when Time is seen as a constant force going forward. It also needs some study of History, though light enough to not need an overly long time spent learning of the past of the Universe. As well as some knowledge of Physics, and the understanding of the metaphysical concept of Entropy. I would simply suggest reading “Decadence” from Michel Onfray for an overview on these, and a long look at the past to understand what was, so that what is and what will be can be understood, and especially what will.

What can be seen is the decay of anything put in place; especially human-made systems. This ties in with the following from this text, which will tackle on applying this whole belief system to active life.

As a system is put in place, there is normally a certain will behind it, usually good. For something that wishes to work, its initial plans must be well thought out, and its foundations strong and unwavering. However, as more people are brought in a system, and as the keepers of such a system change as well, it is inevitable that changes occur, that excess occur, that corruption happen. The “golden age” of any system is more short lived than its descent into its own end. If one is part of a stable system that seem to be flourishing, then I believe it should work in its favour until its descent is spotted, eventually. Once decay sets in, it would be foolish and a complete waste of time and good will that to try to keep on clinging onto a past image. Entropy was caused and the approach to an ending has started. It would be wiser to make use of a system coming apart rather than trying to bring it back to what it was; as it can’t be brought back to what it was. As long as it is for goodness sake; as a system has no more innate intentions once it breaks down. For clarification, good is spoke of here.

As one goes through life and, if the road is chosen to live alongside his fellows, the individual is bound to eventually encounter appeals to his old self, or natural “needs” manifesting as ideas and ideals taking form. Something that is hard to beat down if one is well adjusted, something that will suddenly take on a whole chunk of time when ones acts in life and thinks. There also will be, if one decides to make his life more comforting, projects that will arise to benefit the individual in such a way. Still, material comfort can be long lasting and dependable, if worked on properly. The other one, is the natural “want” of Being alongside others, and notably with another, for many. The issue being that the human being is a deeply social creature, and rare are those who can fend off without problems the overflowing need to be connected, shallowly or not, with other beings of his kind. Seldom might this happen, but more frequently if one is confined by his own will within a place such as a city. Although, in such areas, the air is corrupted by the misery overflowing from strayed off individuals, making it overly difficult to be at ease with oneself if one is plagued by “necessities” from nature. One is bound to leave such places to live in a way so that the surroundings can be more agreeable, and more open to the honesty of one individual, if, of course, one is such an individual (*which I believe he ought to be so that life can be as satisfactory as possible for the longest of times*).

What does this mean for a framework that pushes negation as a primary system of action and thought? Only that there seem to be a crushing counterforce. Ruin is the complete acceptance of decadence and decaying of all as time passes by, yet here we would find ourselves unwilling to accept, at first glance, such a thing. And yet, this is not the simple act of sitting somewhere nowhere for the rest of one's mortal life. Of course, it is possible, and the individual who would shed all that he possesses and could possess, to go do this, would be considered (*if we were to draw parallels for once with Christianity*) a saint.

And still, the reality of this system is that it is a framework and not a doctrine. This enables the self to engage in such paths in life with great foresight of what is to come:

First the birth, then the rise, then the peak, then the plateau, then the decay, and finally the end. Most paths are taken into account, and every decisions can be understood to lead to the end. This is also a way to ground oneself to reality, and to leave others to grow as they wish, to be as they want, and to not underestimate. To bring some hope to oneself towards others, if one is lacking in this department; or to bring some pessimism to oneself towards others, if one is naïve... Although the naïvety in an individual will inevitably be shattered as life is experienced over time, may he be willing to experience it.

All of this however requires to think, requires solitude, and needs to be carried out in real life, and to be refined over time. As for everything, for any system, mistakes will be made, corrections will happen, adjustments will be made, and a balance will be struck until it is anchored deep within.

Such is the point of Ruin, in action towards one's life: To accept all endings that will occur, and to live on with contentment towards life, or to end it if one desires to, as all are justifiable options. Things can be harder to carry out, such a suicide, if one is wary of the effect his death might cause to others. No matter how it is put, death will always affect negatively if the person was good. In such cases, perhaps suicide is not the greatest option to choose in regards to the well-being of his peers, as the good would value life in such a way that makes death not exactly appealing. Those who are less than good, to avoid using more words to classify, do not have to be worried and can go on towards death with an appeased soul; for what might be left of it.

And so, if life is enjoyed in goodness of heart, in the Whole, in accordance to Nature as a certain someone would have put it long ago, then death only has to be accounted for as a possible occurrence whenever, and an eventuality that has to be accepted, to finally live in peace. As hard as it might be to meditate on mortality and accept it, it is needed for a long term stability, which is what is being advocated for here, mainly. To bring good to oneself, then to bring good to others, so that one can live righteously, in good purview of Nature. What is human is not what is animal; it is – or rather should be – **Human**. As difficult as it might be, as unnatural as it might feel, ironically to accept darkness (*the lack of light*) is also to bring light, until it finally fades away. As it will. As it is known and accepted.

I will use this phrase again, but for all intents and purposes, some could consider this an appeal to hedonism. However I despise “natural” hedonism (*whereas one consumes and does without any thought given – the default state of the person who does not think: a beast more than a Human*), but actual hedonism has some value to it. Still, I have said to always be in good health, physically and mentally. Abuse is to be prohibited, for it corrodes health, which in turns corrodes the soul, in turn lowering the potential good that can be acquired and given. Time does not care, but Nature does, still. Physical weakness and mental weakness lead to a weakened soul and mode of being; Being that isn't whole anymore, that is led astray by its own unguided will.

Remembrance: One must be able to rely on himself first and foremost, so that he does not become weight for anything or anyone, if one decides to be with others.

Remembrance: All outcomes that will happen must happen, and are to be accepted. As sad as it might be that an end can occur way before anticipated, if it is expected in a way, then all is safe, still.